

SFIM i styrkelyft
Mariehamn 5.12.2009

Plac	M/K	Nr	Klass	Vikt	Namn	Klubb	KNÄBÖJ			SQ	BÄNK PRESS			BP	Sub.	MARKLYFT			DL	Total	Poäng
							1.	2.	3.	result	1.	2.	3.	result	Tot.	1.	2.	3.	result		
GRUPP I																					
1.	W	8	52k	51,90	Marcela Sandvik / 74	ÅKK	142,5	153,0	153,0	153,0	110,0	115,5	117,5	115,5	268,5	140,0	150,0	150,0	150,0	418,5	522,49
1.	W	9	82,5k	76,55	Linda Michelsson / 79	VIS	150,0	160,0	160,0	150,0	87,5	92,5	92,5	87,5	237,5	142,5	152,5	165,0	152,5	390,0	366,11
1.	M	7	82,5	77,35	Johan Henriksson / 84	HIK	250,0	260,0	270,0	260,0	185,0	200,0	200,0	185,0	445,0	250,0	260,0	260,0	260,0	705,0	491,92
2.	M	6	82,5	82,00	Andreas Koli / 82	HIK	200,0	200,0	215,0	200,0	155,0	165,0	165,0	155,0	355,0	210,0	230,0	240,0	230,0	585,0	393,33
3.	M	5	82,5	81,85	Christer Gustafsson / 49	ÅKK	220,0	235,0	235,0	220,0	135,0	142,5	152,5	142,5	362,5	200,0	217,5	222,5	217,5	580,0	390,40
1.	M	3	90	90,00	Mathias Björklund / 77	VIS	280,0	280,0	297,5	280,0	172,5	177,5	177,5	172,5	452,5	257,5	272,5	272,5	272,5	725,0	462,84
2.	M	4	90	90,00	Jonas Wallén / 83	KK Eken	120,0	135,0	145,0	145,0	165,0	175,0	175,0	165,0	310,0	130,0	150,0	170,0	170,0	480,0	306,43
GRUPP II																					
1.	M	10	100	99,25	Jimmy Pero / 81	ÅKK	250,0	260,0	265,0	265,0	165,0	170,0	175,0	175,0	440,0	265,0	280,0	290,0	290,0	730,0	445,62
2.	M	14	100	97,90	John Lindholm / 90	ÅKK	225,0	225,0	250,0	250,0	170,0	175,0	180,0	170,0	420,0	220,0	242,5	252,5	242,5	662,5	406,72
3.	M	12	100	99,35	Martin Salin / 66	KK Eken	200,0	215,0	227,5	227,5	185,0	190,0	200,0	190,0	417,5	200,0	220,0	245,0	245,0	662,5	404,25
4.	M	15	100	98,90	Magnus Henriksson / 80	HIK	200,0	220,0	240,0	240,0	170,0	180,0	187,5	180,0	420,0	220,0	230,0	240,0	240,0	660,0	403,47
5.	M	13	100	95,75	Björn Berg / 82	ÅKK	190,0	207,5	220,0	207,5	195,0	205,0	212,5	212,5	420,0	200,0	230,0	235,0	235,0	655,0	406,00
6.	M	11	100	94,95	Magnus Häggblom / 51	VIS	200,0	220,0	230,0	230,0	140,0	145,0	150,0	150,0	380,0	220,0	240,0	250,0	250,0	630,0	391,97
7.	M	1	100	93,40	Oscar Vartiainen / 79	ÅKK	185,0	205,0	215,0	215,0	140,0	145,0	150,0	150,0	365,0	230,0	255,0	260,0	255,0	620,0	388,69
8.	M	17	100	98,50	Anders Johansson / 68	ÅKK	75,0			75,0	175,0	180,0	185,0	180,0	255,0	75,0	200,0	220,0	220,0	475,0	290,86
GRUPP III																					
1.	W	28	90+	102,60	Sandra Lönn / 74	ÅKK	170,0	175,0	195,0	195,0	175,0	190,0		175,0	370,0	65,0			65,0	435,0	359,58
1.	M	27	110	109,80	Ove Lehto / 72	ÅKK	315,0	327,5	335,0	335,0	225,0	235,0	245,0	245,0	580,0	305,0	320,0	325,0	325,0	905,0	532,88
2.	M	24	110	109,50	Lars Lampinen / 61	S-V	260,0	270,0	280,0	280,0	170,0	185,0	200,0	185,0	465,0	250,0	270,0	285,0	270,0	735,0	433,15
3.	M	2	110	110,00	Kenny Williams / 85	ÅKK	265,0	280,0	290,0	265,0	150,0	160,0	165,0	160,0	425,0	275,0	290,0		275,0	700,0	411,95
4.	M	22	110	107,90	Thomas Salin / 66	KK Eken	225,0	235,0	245,0	245,0	187,5	192,5		187,5	432,5	225,0	240,0	250,0	240,0	672,5	398,18
5.	M	26	110	103,10	Robert Salin / 74	KK Eken	250,0	260,0	272,5	250,0	110,0	120,0	125,0	120,0	370,0	150,0	200,0	230,0	230,0	600,0	360,90
6.	M	16	110	100,80	Pekka Ikonen / 57	S-V	180,0	195,0	205,0	205,0	130,0	140,0	140,0	130,0	335,0	220,0	240,0	247,5	247,5	582,5	353,39
7.	M	23	110	105,95	Bill Winter / 90	S-V	140,0			140,0	120,0	130,0	140,0	130,0	270,0	200,0	230,0	260,0	260,0	530,0	315,72
8.	M	25	110	109,30	Lucas Donner / 88	ÅKK	100,0			100,0	145,0	145,0	160,0	145,0	245,0	200,0	220,0	220,0	200,0	445,0	262,40
1.	M	21	125	122,55	Emil Sundberg / 89	ÅKK	285,0	300,0	307,5	307,5	200,0	207,5	215,0	215,0	522,5	265,0	277,5	290,0	290,0	812,5	464,93
-	M	20	125	118,85	Johan Kidron / 86	KK Eken	220,0	230,0	245,0	245,0	170,0	170,0	170,0	-----	Disq				-----	Disq	
1.	M	19	125+	131,95	Kenneth Sandvik / 75	ÅKK	380,0	392,5	400,0	400,0	285,0	285,0	290,0	290,0	690,0	290,0	310,0	320,0	310,0	1000,0	564,12
-	M	18	125+	145,00	André Sjöholm / 89	NyKK	250,0	250,0	250,0	-----	105,0			-----	Disq				-----	Disq	

Records:

Side Referee Ilkka Seppälä
IntCat II

Chief Referee Margetta Salminen
IntCat I

Side Referee Åke Björklund
5068

